**SECOND QUARTER 2023** 

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**Committee Updates** 

**Spring Greetings from DNPCB** 

**Awards & Scholarships Winner** 



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#### **Mission Statement**

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The Dermatology Nurses' Association is a professional nursing organization comprised of a diverse group of individuals who are committed to quality dermatologic care to provide better patient outcomes through through sharing knowledge and expertise.

The core purpose of the DNA is to promote excellence in dermatologic care.

#### FOCUS, Second Quarter, 2023

**Dermatatology Nurses' Association** 

#### **DNA Board of Directors**

Nancy Smail, RN - President
Dede Sullivan, PhD, APRN-BC, NP-C- President-Elect
Robin Inabinet, BSN, RN, AMB-BC - Immediate Past President
Jessica Simmons, MSN, APRN, FNP-C, CWON, DNC - Treasurer
Heather Onoday, RN, MN, FNP-C, DCNP - Secretary
Blake Bryant, BSN, RN, DNC - Director
Keischa Cash, DNP, DCNP, FNP-BC - Director
Joan Pohutsky, DNP, APRN, NP-BC - Director

#### **Executive Director**

Linda Markham, BSN, RN, DNC

#### https://www.dnanurse.org

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1-800-454-4362

dna@dnanurse.org

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#### PRESIDENT'S MESSAGE

#### NANCY SMAIL, RN

Since the 41st annual DNA convention wrapped up in Savannah, we have had quite a few new volunteers interested in joining various committees.

There has also been an increase in current members stepping into Committee Chair and Co-chair roles. We are so happy to see this, especially since those roles are unfamiliar territory to many of them. I think this speaks to the energy of the convention and the quality of the offerings developed by the Program Planning Committee as well as the networking opportunities provided outside of the general sessions.

To further advance the growth of our volunteers, DNA has designed a mentorship program which is a proactive professional development process to help members progress and flourish in their leadership roles. This will be incredibly useful for those who are new to volunteer and leadership areas. I would like to highlight the mentorship program because I hope to encourage members who are hesitant about embarking on a volunteer journey, which can be an intimidating notion, to consider taking the plunge.



The success of any committee is dependent upon the relationships of its members as well as their understanding of their roles and responsibilities. To this end, a successful mentoring program provides members with an organized mechanism to achieve those goals. There are phases of the mentoring relationship that can and, hopefully, will transform into a friendship as well. As I am writing this, I've been thinking about my own mentoring relationships and I am so grateful for the women who have been so patient and supportive as I navigate my new role as President of DNA. Angie Hamilton and Robin Inabinet not only have a strong knowledge of the organization but have provided an environment that is positive and encouraging while offering constructive feedback as I learn from any mistakes made.

One of my goals as the current President is to enhance the volunteer experience, as well as grow the number of potential new leaders within our organization. Hopefully, awareness of the mentorship program will encourage you to further enhance your leadership skills while cultivating new capabilities.



Save the Date!



March 6-9th 2024



San Diego, CA



Dermatology Nurses' Association ®

#### **BOARD OF DIRECTORS SUMMARY**

#### HEATHER ONODAY, RN, MN, FNP-C, DCNP, BOD SECRETARY

On January 10, 2023, the DNA BOD held a virtual meeting.

Those present included:
Board Members:
Robin Inabinet, President
Nancy Smail, President-Elect
Angie Hamilton, Immediate Past President
Jessica Simmons, Treasurer
Heather Onoday, Secretary
Sylvana Brickley, Director
Joan Pohutsky, Director

DNA Staff:

Linda Markham, DNA Executive Director Karen Brown, DNA Administrative Coordinator

Unable to Attend: Keischa Cash, Director

Pending action items were reviewed. The AANP national conference for 2023 and consideration of board members' attendance was discussed. Anyone who attends will do so as an ambassador for DNA. Opportunities for a DNA presence at the World Congress of Dermatology was discussed and the Board will continue financial support for attendance. NPS leadership was discussed with the BOD considering a candidate for the role of the committee chair. Candidates are discussed. The position is to be appointed by the current President of DNA whenever a current chair resigns from such a role. The position will not be filled by a member from the BOD, per the BOD. Mentoring of new individuals on the committee is discussed and will be ensured.

On February 6, 2023, the DNA BOD held an in-person meeting at Convention in Savannah, Georgia.

Those present included:
Board Members:
Robin Inabinet, President
Nancy Smail, President-Elect
Angie Hamilton, Immediate Past President
Jessica Simmons, Treasurer
Heather Onoday, Secretary
Keischa Cash, Director
Joan Pohutsky, Director

DNA Staff:

Linda Markham, DNA Executive Director Kara Briggs, DNA Administrative Coordinator Karen Brown, DNA Administrative Coordinator

Unable to Attend: Sylvana Brickley, Director

Invited Guests: Blake Bryant, incoming Director Dede Sullivan, incoming President-Elect Michael Brennan, AJJ Meetings Manager Tom Greene, AJJ Corporate Relations Manager

A review of pending action items took place. The meeting manager and corporate relations manager updates were given by the present AJJ team. Good showing for attendance was discussed, as were contracts, vendors, and pandemic considerations. There was a discussion regarding communication with NPS leadership to ensure they could communicate their needs

to the BOD. A convention report was given by L. Markham, including the convention registration history report. She also reviewed the BOD schedules for the Convention, exhibitor assignments, meeting layout, strategic plan, and 2023 budget. The budget was passed unanimously.

On February 10, 2023, the DNA BOD met in person at Convention in Savannah, Georgia.

Those present included:
Board Members:
Nancy Smail, President
Dede Sullivan, President-Elect
Robin Inabinet, Immediate Past President
Jessica Simmons, Treasurer
Heather Onoday, Secretary
Blake Bryant, Director
Keischa Cash, Director
Joan Pohutsky, Director

#### DNA Staff:

Linda Markham, DNA Executive Director Kara Briggs, DNA Administrative Coordinator Karen Brown, DNA Administrative Coordinator

Discussions included a summary of the convention: attendance was near expected for post-pandemic. Review of negotiated contracts will be ongoing for 2024, to ensure appropriate planning for attendance/attendees. Workshop attendance was discussed and was as anticipated. Sponsorship was discussed; DNA-sponsored events were well attended. Poster presentations were discussed, and considerations will be made to ensure the highest quality each year for accepted submissions. Board liaison assignments and roles were reviewed. Consideration and further investigation will ensue regarding the value of virtual /live-streaming sessions at the convention. Board responsibilities, fiduciary duties, personal liability reduction, and reliance on experts were discussed and questions were answered.

On March 14, 2023, the DNA BOD meeting was held virtually.

The meeting was to conduct board orientation. In attendance were:
Robin Inabinet, Past President
Dede Sullivan, President-elect
Nancy Smail, President
Joan Pohutsky, Director
Jessica Simmons, Treasurer
Heather Onoday, Secretary
Keischa Cash, Director
Blake Bryant, Director

Staff present were: Linda Markham, DNA Executive Director Karen Brown, DNA Administrative Coordinator

The orientation included the presentation of the history and mission of the DNA, core purpose, core values, strategic planning, governance, committees, task forces, and staff/contractors. The presentation also included the role of a mentor, the duties of a board, and the characteristics of a well-functioning board. Liaison, mentorship roles, and assignments were reviewed. The operational calendar for the year was presented, and resources were posted and made available for review, including bylaws, duties of the board, the strategic plan, and legal obligations.



Artz, Laura, CMA, York, PA

Bachman, Audrey, CSA, Lake Oswego, OR

Baker, Cherita, STUDENT, Jonesboro, GA

Bengson, Alysa Cheyenne, Gilbert, AZ

Breslavets, Olena, Medical Assistant/Research Coordinator,

Whitby, ON

Byrne, Taylor, R, FNP, Savannah, GA

Byrum, Tim, DNP, Section, AL

Calderon, Kim, Marshall, TX

Carbonell, Monic Jane Marasigan, Registered Nurse, Lahai-

na. HI

Chittenden, Craig, RN, Bakersfield, CA

Collier-Miles, Kia, Atlanta, GA

Dean, Suzanna Marie Zafra, Hayward, CA

DeMaria, Julia, RN, ON

Diab, Lissa, Registered Nurse, Toronto, ON

Douglas, Paula, RN, Surprise, AZ

Duguay, Teresa, RN, Welland, ON

Dupree, Brittany, FNP-C, Snellville, GA

Elmore, Savannah, EMT, Portland, OR

Falcone, Lori, APRN, FNP-C, Derby, KS

Finn, Nyssa, Temecula, CA

Flaherty, Paige, LPN, Quincy, MA

Garnier, Jessica, FNP-C, Tucson, AZ

Graves, Marlene, J, Monroe, WA

Greendyke, Elizabeth Mary, RN, Rochester, NY

Greer, Kelly Ranae, NP, Clinton, IA

Hannaberry, Joseph, Hauppauge, NY

Harvey, Robert, MA/EMT, Newberg, OR

Henderson, Miyagi, Slidell, LA

Hill, Tobi, Greenville, SC

Hinton, Sharika Nikia, Registered Nurse, Hanover, PA

Holub, Krista, Dysart, IA

Howard, Rachel, Murphy, NC

Humbarger, Jessicca, FNP, San Diego, CA

Jacobsen, Olivia, Mission Hills, KS

Jimenez, Kelley, L, Beaverton, OR

Jones, Alicia, Commerce Township, MI

Kirschbaum, Anne, CMA, Portland, OR

Kneeland, Angela, M, North Berwick, ME

Kovacs, Oana, Niles, IL

Kurt, Ana, Lakewood, CO

Landry, Pelletier Kassy, Otterburn, Park, QC

Machado, Karlye, RN, Lincoln, NE

Marino, Danielle, Winter, Springs, FL

Martin, James Andrew, APRN, Tampa, FL

Matheson, Sullivan Olivia Joyce, Nurse Practitioner, Atlanta, GA

McCann, Annamarie Lynn, Registered Nurse, Greenfield, WI

McNeeley, Kelly, MA, Cumberland, City, TN

Medina, Rodriguez Adyanis Kamyl, BSN, RN, Caguas, PR

Metzger, Stephanie, Concord, OH

Mohammadi, Katie, BSN, RN,

Morris, Kyle, Chicago, IL

Mulhall, Jordin Eilish, Silverdale, WA

Narsesian, Chris, Lake Mary, FL

Neely, April, FNP-BC, Bluefield, WV

Nicolas, Jacqueline, North Baldwin, NY

Nowell, Sarah, RN, Raleigh, NC

Parks, Nathan, Portland, OR

Perkins, Rachel, E, Woodburn, KY

Perry, Robert, Henrietta, NY

Peterson, Jules, CMA, Vancouver, WA

Pinkhasov, Vadim, New, York, NY

Pronko, Siarhei, Aurora, CO

Robles, Damyra, Chicago, IL

Rudd, Allison, ARNP, Stuart, FL

Said, Lujain, MPH, BSN, RN, Leesburg, VA

Schuetzle, Casey, M, Arcata, CA

Schwingendorf, Brigitta, Traverse City, MI

Sheldon, Michelle, Baldwinsville, NY

Slagle, Natalie Michele, RN, Waxahachie, TX

Smith, Elizabeth, A, RN, Annandale, VA

Smith-Gomez, Kathleen, MSN, CRNP, FNP-BC, Camp Hill, PA

Straessle, Christine, Punta Gorda, FL

Taylor, Katherine, Kissimmee, FL

Threet, Kristin Michaela, Nashville, TN

Tomlinson, Daniel Patrick, Royal, Oak, MI

Tracy, Jacqueline, GA

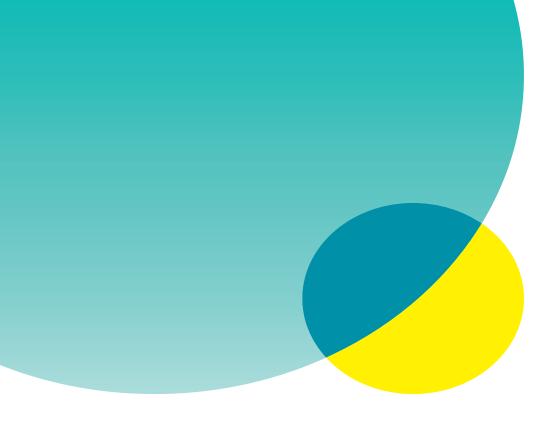
Vincent, Sherril Lynne, BSN, RN, Dunnellon, FL

Willard, Jordan, MA, Oregon City, OR

Williams, Candice, Atlanta, GA

When you join DNA you become part of a growing nationwide network of dermatology nurse leaders who promote the highest standards of dermatologic nursing care.

Join the DNA online or print an application from our website by clicking here



# Get to know TREMFYA®







Quarterly Financial Update (as of 03/31/2023)

Gross Revenue \$ 218,259 Gross Expenses \$ 393,551

Net Operating Income (loss) \$ (175,293) Balance on hand \$ 260,521

Robin Weber Memorial Fund \$1,500

DNA Membership 1,184

# SAVE UP TO 55% ON HOTELS TRAVEL BENEFITS FROM DNA



#### THE DERMATOLOGY NURSES' ASSOCIATION MEMBER BENEFITS

When you join the DNA, you become a part of a growing nationwide network of dermatology nurse leaders who promote the highest standards of dermatologic nursing care

For further information, visit our website www.dnanurse.org

#### **Events:**

DNA Annual Convention: meet educational needs, network with colleagues in the field and industry vendors and enhance professional growth!

#### **Education:**

- National and local programs
- Online Continuing Education Center: CE classes and RN & NP certification review courses
- Continuing Education Provider Accreditation through ANCC

#### **Publications:**

- Weekly Newsletter delivered to your inbox, DNA eNews
- Quarterly Newsletter, DNA FOCUS
- Bi-monthly Journal, the Journal of the Dermatology Nurses' Association (JDNA)
- Scope and Standards of Practice
- Dermatology Nursing Essentials: A Core Curriculum, 2<sup>nd</sup> Edition (2003) & 3<sup>rd</sup> Edition (2016)

#### **Professional Development:**

- The Awards/Scholarship Program offers awards, grants, and scholarships for education advancement
- Dermatology Nursing Certification: Certification is awarded to those who have successfully completed the certification process by meeting the eligibility criteria and passing a multiplechoice written examination
- Career Center network to connect members with more jobs in less time
- Leadership development through volunteer opportunities

#### **Networking:**

- Interactive website www.dnanurse.org
- @DNAnurses social media: Facebook, Twitter, LinkedIn, Instagram, NPS Closed Facebook
- Local DNA Chapters

#### **Discounted Services:**

- SkinSAFE- The Skin Allergy Avoidance Platform free to DNA members
- Hotel Storm
- Visual DX

#### Specialties:

- Nurse Practitioner Society, a sector of the DNA dedicated to meeting the needs of the NP
- Committees to focus on member needs:
   Education Advisory Council, Environmental
   Scanning Council, Financial Oversight
   Committee, Health Policy and Advocacy
   Committee, Membership Committee,
   Nominating Committee, Program Planning,
   Awards/Scholarships Program
- DNA online store: pins, SunAWARE bookmarks, t-shirts, publications

#### Advocacy:

- DNA leaders attend the American Academy of Dermatology (AADA) legislative conference each year to better advocate for their members and the patients they treat
- DNA collaborates with affiliate organizations, combining advocacy efforts





#### MEMBERSHIP ADVISORY COUNCIL COMMITTEE

ALEXANDRA BARLOW, BSN, RN, MAC COMMITTEE CO-CHAIR

The MAC committee is a combination of the 3 former committees: membership, nurse advisory council, and awards and scholarships. The committee currently has 5 members, and we are actively recruiting DNA members who are interested in joining this busy and wonderful group.

The committee meets monthly on the fourth Tuesday at 8:00 PM EST. We also share ideas, have discussions related to the committee and its work, and network with each other on a forum called Basecamp. We are currently starting to work on tactics that align with the goals and strategies of the DNA 2023-2025 Strategic Plan. Some of the things we are responsible for include the engagement of our members, recruitment, and retention of members, promoting public awareness of skin health, and advocating for nursing practice and professionalism. Here are some of the activities the MAC committee participates in to complete these tactics and support the DNA Strategic Plan.

Engagement of our members: we promote authors for JDNA and FOCUS. We provide and promote career development activities that include being writers, speakers, and committee members. We develop and encourage engagement in DNA campaigns for events like Healthy Skin Day and National Healthy Skin Month.

Recruitment and retention of members: each quarter we receive a list of new DNA members, we split up the list between us and reach out to them individually via phone and/or email. Our goal is to make the new members of DNA feel welcomed by sending them personalized emails and encouraging them to reach out to us as needed. One of our new tactics is also to reach out to members who have not renewed their membership and encourage them to come back to DNA and/or share with us why they have chosen not to remain a member so that DNA can make improvements if needed. We have also created the Member-Get-A-New-Member campaign which rewards current members for recruiting the most new members throughout the year. The campaign runs from October to October each year.

Promoting public awareness of skin health: in 2022 we developed campaigns for Healthy Skin Day and National Healthy Skin Month, and some of our tactics for this year include identifying local health fairs and clinics to partner with for free skin screenings.

Advocating for nursing practice and professionalism: we encourage members to apply for the awards and scholarships offered through DNA. Applications are received at the National Office until October 1st of each year and then the committee follows a process that includes reviewing, scoring, and discussing the applicants' submissions before sending our data to the Board of Directors for final approval.



#### Thinking about volunteering?

https://www.dnanurse.org/aboutdna/thinking-about-volunteering/

Currently DNA has more than 100 member volunteers, from the Board of Directors and Nominating Committee members, to Membership Advisory Council Members, and convention workshop moderators. There is something to do for everyone. Volunteering within DNA can be a really rewarding experience that provides opportunities for you to expand your knowledge, sharpen skills, travel and have lots of fun!

#### **HPASC COMMITTEE**

#### SANDY HURWITCH, BSN, RN, DNC, HPASC MEMBER

#### American Cancer Society 2023 Skin Cancer Facts & Figures – A Quick Look

Annually, the American Cancer Society compiles the most recent data on population-based cancer occurrence and outcomes by reviewing incidence data from central cancer registries and mortality data collected by the National Center for Health Statistics. With this information, the ACS estimates the number of new cases and deaths anticipated for that year for many cancer types. Here is a summary of their findings & predictions relevant to skin cancer in 2023.

Most of the reported information considers only malignant melanoma. This is because basal cell & squamous cell (keratinocyte carcinoma, or KC) data is unknown as cases are not required to be reported to cancer registries.

#### **Estimated Cases and Deaths for Melanoma:**

- For 2023, the number of new cases is expected to be larger for men (60%) than women (40%). Deaths of men will be more than double that of women with a ratio of 5,420 men to 2,570 women.
- The highest number of melanoma cases is estimated to be in CA, FL, TX, NY, & OH.
- The least number of cases is estimated to be in Washington DC, AL, WY, VT, & RI.

I wonder what conclusions might be drawn if we look at sun protection education and other mitigation efforts, as well as accessibility to dermatologic care in all those states.

#### **Incidence Trends:**

- Since the early 2000s, incidence rates of invasive melanoma have stabilized or gone down slightly in people under 50 years old. The incidence trends have been more favorable in men compared to women, declining in younger men and stabilizing in those aged 50+. Unfortunately, rates have continued to increase for women aged 50+ from 2015-2019.
- Although this is not skin cancer, studies show there has been a 65% drop in cervical cancer incidence during 2012-2019
  among women in their early 20s, the first cohort to receive the human papillomavirus vaccine. This foreshadows future steep
  reductions in HPV-associated cancers, the majority of which occur in women.

#### **Mortality Trends:**

 Mortality rates have declined rapidly over the last decade due to advances in treatment. With a noted decline of approximately 2% annually for melanoma deaths from 2016 through 2020.

#### Risk Factors: (these are well known to those in dermatology)

• Known risk factors are excess/chronic UV exposure, family history, advanced age, atypical or large number of moles (>50), and immunocompromised systems which is also an increased risk factor for squamous cell carcinoma (SCC).

#### Prevention: (what we already know)

- On an individual level, avoid UV exposure, especially in childhood, and regularly use sun protection measures. On a community level, educational interventions in schools, recreational sites, and occupational settings as well as providing shade in those settings. On a national level, the US Surgeon General released a Call to Action to Prevent Skin Cancer in 2014.
- Those with a high incidence of actinic keratosis may reduce the risk of SCC with the use of a prescribed topical cream.

#### Early Detection: (what we already know)

Monthly self /partner skin exams. Looking for changes in the appearance of lesions. The ABCDEs! Seek medical advice without delay for lesions in question.

#### **Treatment:**

 Has changed greatly in advanced melanoma cases with the use of new immunotherapy and targeted drugs. Traditional chemotherapy is much less effective but is still used.

#### Survival:

- Overall rate for five-year survival with melanoma is 94% (>99% survival for localized lesions and 32% survival for metasta-sized/distant-stage disease).
- Most cases of KC can be cured if detected and treated early.

#### **EDUCATION ADVISORY COUNCIL**

#### MITZI PAULSEN, BSN, BA, RN, EAC CHAIR

The Education Advisory Committee (EAC) is working hard to bring the most current and high-quality educational activities to the members of DNA! We are fortunate to have an excellent nursing community to support the education of nurses as they develop exceptional patient care! The Education Advisory Council members for 2023 are Mitzi Paulsen, Chair. Trudy Adamson, Program Director. Keischa Cash, BOD Liaison, Theresa Coyner, Kathy Gross, Marianne Woody, Kamika McLaughlin, Katherine Leigh, and our newest member Lynn Smith. We are very excited to have her on board to share her knowledge and expertise.

#### **New CE Center launches include:**

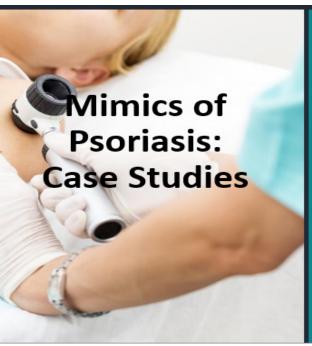
- (17106) Providing Care for the Transgender and Gender Non-Conforming Patient launched 4/7/2023.
- (17101) Melanocytic Nevi and Melanoma launched 4/14/2023.
- (17103) Connecting the Dots: A Patient's Journey with Cicatricial Pemphigoid launched 4/27/2023.
- (17107) Mimics of Psoriasis: Case Studies launched 4/27/2023.
- (17082) Psoriasis Mechanism of Disease and Related Comorbidities: Implications for Treatment launched 4/27/2023.

**Free Live Chapter Presentations** in collaboration with Excalibur are now available in the Education Activities Center on the DNA website: <a href="https://www.dnanurse.org/educational-activities/">https://www.dnanurse.org/educational-activities/</a>

#### Dear Diary...Unlocking the Secrets to Better Care of Patients with Atopic Dermatitis

Program Purpose: To provide healthcare providers with current information on the management and treatment of atopic dermatitis. The desired outcome of this activity is to improve healthcare provider understanding of how atopic dermatitis impacts the patient's quality of life by sharing the perspective of a variety of patients who live with the skin condition. It includes information about the emerging research related to quality-of-life issues among patients with AD.

The EAC is committed to aligning our activities with the core purpose of the Dermatology Nurses Association (DNA) to promote excellence in dermatological care.



#### **Program Purpose**

• To provide a review of the subtypes of psoriasis as well the conditions that can mimic or be confused with psoriasis, such as tinea infections, drug reactions, seborrheic dermatitis, etc. Clinical pearls and tips for evaluating patients who present with skin eruptions that may or may not be psoriasis will also be included in the program.

#### Learning Objectives

- Identify other skin conditions that mimic psoriatic disease.
- Describe the clinical features of less common variants of psoriasis.
- More confidently approach challenging cases of psoriasis versus mimics.

https://dna.digitellinc.com/sessions/2361/view

The Dermatology Nurses' Association (DNA) is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation.

#### SPRING GREETINGS FROM DNPCB

#### KEISCHA CASH, DNP, ARPN-IP, DCNP, FNP-BC, BOD LIAISON

We enjoyed getting to meet all of you in February at the DNA Annual Convention in Savannah this year. We hope you all had fun and got a chance to catch some great lectures and meet up with friends, family, and colleagues. Hopefully, you got a chance to dine on some of the city's fabulous southern cuisine, ride the ferry, explore the parks and town squares, gaze at the beautiful architecture, take a ghost tour, or just watch the large container ships go by!

Spring has sprung and with it comes the smell of freshly cut grass and flowers in bloom. What a sense of renewal and rejuvenation. This is a perfect time to clean out that stuffy closet or maybe start to study for your certification exam! You can start by navigating to our newly refreshed website which was designed with you in mind.

The DNPCB is happy to announce that we have begun the process of cleaning up our website and upgrading our offerings to visitors. Coming soon, visitors will be able to navigate our new, streamlined website to access all the same information we had before with some extras.

Some of the new features of the website will include enhanced payment capabilities. Gone are the days of using the postal service and writing a check to pay your certification fees. Pretty soon everyone will be able to pay conveniently online using Visa, MasterCard, and Discover cards. This process will help to streamline the paperwork, expediting your application process. You will be able to fill out and submit your applications online as well making it more efficient and faster for you to submit all the necessary paperwork without ever leaving your home.

We are also pleased to announce that the DNPCB will be adding a new category for recertification. Precepting will now be acceptable for the satisfaction of requirements for recertification! Our enthusiasm about this new category stems from our belief that it will encourage preceptorship amongst dermatology-certified nurse practitioners, a vital component to the success of our profession, offering engaging and rewarding student experiences, and the continued growth of the dermatology specialty, not to mention rewarding our hardworking and dedicated DCNPs for helping to educate our future of dermatology nurses.

Look out for new announcements and upcoming events from the DNPCB on our website at dnpcb.org and be sure to look for us at some of your favorite upcoming dermatology conferences like Maui Derm, the DNA 42nd Annual Convention, and Society of Dermatology Nurse Practitioners to get more information about the organization, ask your questions about certification or recertification, network with us in person, take a picture, or just hang out and vibe with us!

We look forward to meeting and networking with you throughout the year and if you have questions, the new and improved website will be a great resource for you.

Warm Wishes.

The Dermatology Nurse Practitioner Certification Board of Directors



# NP Online Certification Review Course Updated Version Now Available in the DNA CE Center!



#### https://dna.digitellinc.com/dna/courses/17/view

The Dermatology Nurses' Association (DNA) is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation.

#### **NP Online Certification Review Course**

#### **DCNP Course Description**

This course was designed to provide the nurse practitioner with a concise study guide to help prepare for the certification examination. It represents the countless volunteer hours of power point authors, vetters, and pilot testers. The course consists of 11 modules. The subject matter for each module was derived from content mapping of the DCNP examination. There is no audio associated with the course to allow the learner to proceed at their desired pace and facilitate timely updates. Each module has accompanying review questions. Continuing education credit is obtained by successfully completing the review questions and attaining a score of at least 70%. Completion of the evaluation for each course is required to attain the continuing education certificate. Eligible for up to 38.27 continuing education credits.

We wish you success in completing the certification examination.

COST: \$500.00 for members \$800.00 for non-members

#### Visit the Courses Online at:

https://dna.digitellinc.com/dna/

#### **Mission Statement/Core Purpose**

The Dermatology Nurses' Association is a professional nursing organization comprised of a diverse group of individuals committed to quality care through sharing knowledge and expertise. The core purpose of the DNA is to promote excellence in dermatological care.

#### Membership

3,000+ RNs, NPs, LPN/LVNs, Medical Assistants, Other Associate Members

Breakdown-50% Nurses, 22% Nurse Practitioners, 20% Medical Assistants, 8% Other

Categories – NP Society Member, Nurse Member, Associate Member, Student Member, Senior Member, Honorary, Lifetime, Corporate

#### Disclaimer

The review questions at the end of each module may or may not be reflective of the certification examination questions. Completion of this course DOES NOT insure the participant will attain a passing score on the certification examination. This package is only available for one year after purchase.



#### powered by Cea

# 5 Experts Share Their Insights on Managing Patients With Dermatologic Conditions



Novel Therapies, Healthcare Transitions, and Disparities in Atopic Dermatitis Care

This expert commentary reviews strategies for incorporating novel therapies, addressing healthcare disparities, and transitions of care for patients with moderate to severe atopic dermatitis...

#### Begin



Novel Therapies, Improving Adherence, and Reducing Disparities in Psoriasis Care

Psoriatic disease, encompassing both psoriasis and psoriatic arthritis, carries a significant burden for a patient's mental and physical...

#### **Begin**

#### Generalized Pustular Psoriasis: Diagnosis and Treatment Options

This expert commentary focuses on the importance of an early and accurate diagnosis of GPP, and the newest, targeted treatment option...

#### Begin





Chronic Spontaneous Urticaria: Key Concepts in Diagnosis and Treatment

Chronic spontaneous urticaria (CSU) significantly impacts a patient's physical and emotional health, and appropriate management is essential for improving quality...

#### Begin



Current Treatment Landscape and Promising New Therapies for Patients With Prurigo Nodularis

While prurigo nodularis (PN) may be a result of several underlying conditions, it is a distinct clinical entity that may persist despite removal of the underlying cause. Several promising agents...

#### Begin

To access additional dermatology activities, please click here.

#### CHAPTER CORNER - CHAPTER 34 CENTRAL CANADA/EAST

#### LORI BALDWIN, CHAPTER PRESIDENT

#### Tell us about your Chapter:

We have members from Ontario and East including the Atlantic provinces. We have one annual meeting/workshop per year in Toronto. During the year we also have some virtual events/programs.

#### List ways in which you grow your Chapter:

We strive to invite nurses from our membership as well as nurses from other disciplines (primary care) who have an interest in dermatology. We collaborate with our industry partners for engagement and sponsorship. We also reach out to university nurses to invite them to our educational events.



#### What impact does your Chapter make in your local area?

We have built a strong community through networking and spreading the word. As a result, we have built a strong professional network that is open to sharing best practices. This facilitates friendships and shared knowledge across communities.

#### What impact does your Chapter have on DNA?

We feel that our Chapter has encouraged and supported involvement in DNA committees and throughout the organization.

#### How would you describe your chapter?

We are a diverse group of nurses and learners from pediatrics, surgery, phototherapy, academic, and community practices.

#### What is your Chapter's definition of success?

We strive to sustain long-term membership in our local Chapter. We want to continue being able to provide opportunities for learning and networking. We feel it is important to provide a variety of educational learning opportunities. We also feel that maintaining industry and academic support is key to our success.

#### What are your members favorite part(s) of the Chapter?

Our Chapter members love our local events.

#### What do your Chapter members love most about the field of dermatology?

Our members love the variety of medical conditions and growing treatment options. The fast pace of new things keeps dermatology nurses motivated to learn. It is also an opportunity to have a direct impact on patients' lives. We can work in either hospital/clinic or community settings with acute and self-limiting conditions as well as chronic diseases. We can develop trust and long-term relationships with patients.

#### What advice would you give to new and existing members?

Remember that you can expand your potential as a dermatology nurse through leadership, networking, and collaboration. Take advantage of what is available to you and be open to expanding your potential and scope to ultimately improve your own satisfaction.

#### CHAPTER UPDATE - WISCONSIN/ILLINOIS CHAPTER

JOAN POHUTSKY, DNP, APRN, NP-BC

#### **Events Hosted by the Wisconsin/Illinois Chapter**

The Wisconsin/Illinois Chapter of DNA was excited to host our first live event since pre-pandemic times on Saturday, March 4, 2023. The event was held with the support and in conjunction with Excalibur Medical Education at Seasons 52 in Oak Brook, Illinois. Speaker Megan Lewis MSN, RN, CPNP-PC of the Division of Allergy and Immunology at Children's Hospital of Philadelphia presented: "Dear Diary: Unlocking the Secrets to Better Care of Patients with Atopic Dermatitis". The event had an amazing turnout of nurse practitioners, nurses, and medical assistants getting together to learn how to care for our patients with atopic dermatitis.

On April 1, 2023, The Wisconsin/Illinois Chapter of DNA hosted our second annual live, virtual education series via Zoom. It was entitled "Dermatology Updates: Spring 2023". This was a free event for chapter members with a total of 3.0 nursing contact hours offered. The Chapter members enjoyed getting together virtually from afar to hear pearls of knowledge from stellar colleagues including Dr. Julia Kasprzak and Dr. Sabrina Popatia of the Medical College of Wisconsin, as well as DNA's President-elect Dede Sullivan PhD, APRN-BC, NP-BC! The stellar lecturers and virtual format were highly reviewed by attendees' evaluations! We are looking forward to more events like this in the future.





# DNA members join because they have **passion**...

I love the profession and patients and I joined DNA because I want to be current on new dermatology practices.

# DNA members join to stay informed...

DNA has kept me informed about new policies and legislation around skin care, as well as FDA approved treatments for my practice.

# DNA members join for **professional** and **personal** development...

holding office in a local chapter. I am more confident in addressing colleagues and audiences related to healthcare, and I am returning to college now to further my career goals since I see the success of my mentors in DNA who have gone before me. I know that I can accomplish similar goals and hope to be able to offer the dermatology community some good in the future as well.

# Become a DNA member for professional and personal development. Members receive...

- Discounts on DNA Meetings, Professional Certification and Publications
- National and Local Educational Programs with Continuing Education Opportunities
- Scholarships, Grants, and Awards
- Journal of the Dermatology Nurses' Association (JDNA)
- Membership for NPs in the Nurse Practitioner Society of DNA
- And Much More...

Discover What a

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https://www.dnanurse.org/skinsafe/



#### **Interested in Leadership Opportunities?**

DNA is always looking for volunteers to help us succeed in our goals! Are you interested in volunteering with the Dermatology Nurses' Association?

Contact Us today or visit our **Volunteer Section** for more information!

Contact Karen Brown at kbrown@dnanurse.org if interested or for more information.

#### KATHERINE HOPE LEIGH, DNP, FNP-BC, NP-BC, NPS COMMITTEE CHAIR

The Nurse Practitioner Society (NPS) of the DNA is dedicated to supporting the unique needs of nurse practitioners who are practicing in a dermatology setting. The NPS committee has been designated to lead the society in achieving its goals of educational support, recognition, and membership engagement by promoting excellence in dermatologic care. One goal is to develop, provide, and support educational offerings to increase the competency of DNA's NP members caring for dermatologic patients. We meet this goal by providing a wide variety of learning activities in the CE Center.

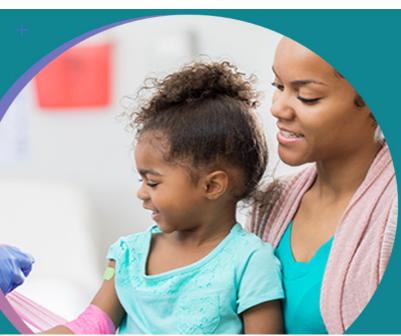
This past February, we wrapped up our 41st DNA Annual Convention in Savannah, Georgia. It was a pleasure seeing everyone and the presentations were outstanding.

In April, the NPS committee welcomed a new Chair, Katherine Leigh, DNP, APRN, FNP, and Co-Chair, Shimika Barrolle, FNP. The NPS committee is actively seeking two more members to join them. If you are looking for somewhere to volunteer your time and expertise, this may be the committee for you.

The NPS committee is working on new strategies to engage members of the NPS Closed Facebook page. The committee members have been brainstorming ideas that include posting interesting cases and topics for discussion. Nurse Practitioners who have a current DNA membership are welcome to join in on the discussion and lend their expertise to the cases. The direct link to the NPS closed Facebook page is: <a href="https://www.facebook.com/groups/nursepractitionersocietyofdna">https://www.facebook.com/groups/nursepractitionersocietyofdna</a>

Some of the activities the NPS committee will be focused on include:

- Strategies to promote engagement of the NPS Facebook page.
- Actively recruiting new members for committees.
- Writing articles for FOCUS and JDNA.
- Support of the DNA Mentorship Program.



## The Role of a Biologic Coordinator-Accessing Biologics in Todays Healthcare

#### **Program Purpose**

The purpose of this program is designed to educate healthcare team members the steps of accessing biologics and ways to make it more simple

#### https://dna.digitellinc.com/sessions/2367/view

The Dermatology Nurses' Association (DNA) is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation.

#### BETH JONAS, LPN/BIOLOGIC COORDINATOR, HPASC CO-CHAIR

#### On the Job

# What is the biggest benefit you get from your DNA membership?

I began my career as a dermatology nurse in 1990. I worked in a solo practice within a larger multi-specialty and primary care group setting. My previous nursing jobs were in med-surg and in an OB/GYN office. Dermatology was like a foreign language to me. Dr. Kalb was an adjunct clinical professor at the University of Buffalo Medical School and regularly worked with dermatology residents. He has a definite love for teaching, and I was a sponge soaking up this new information. A co-worker encouraged me to join the DNA as a travel and education opportunity. Dr. Kalb's support of education stoked my love of learning and expanding my knowledge. Back in the 90's we were in the stone age of this rapid expansion in immunology and biologic medications. Being a part of DNA has increased my knowledge and has given me up-to-date information on emerging therapies and disease state advances. I have met some of the most wonderful and intelligent people.

#### Describe your first experience with DNA.

My first experience with DNA was at the annual convention in San Francisco. It was a grand event, and the educational offerings were amazing. It was difficult to decide which sessions to attend because there were so many. It took several days to go through and speak with all the vendors because there were so many. Back in the 90's there were no Pharma guidelines so the Pharma-sponsored dinners, off-site events, and the exhibit hall were like Christmas!

# What is the most satisfying aspect of your job? With advancements in research, Dr. Kalb was approached regarding the first biologic therapy for Psoriasis, and I was asked to be on a nurse advisory board, thus beginning my involvement as a Biologic Coordinator. I have had the pleasure of making a major impact on the lives of so many people with psoriasis, psoriatic arthritis, and other immunologic diseases. I have had patients approach me outside of the clinic to show me how clear their skin is after their psoriasis treatment.

I have had the pleasure of participating in many advisory boards over the years, but I am proud to say that I had a part in building and coining the title 'Biologic Coordinator'. My proudest achievement is the patient lives I have affected, the med students, residents, MA's, and nurses I have had the pleasure to share my experiences with, and the knowledge I have gained over the years.

#### On the Side

#### What do you do when you're not working?

I am the mother of 3 adult children, and I have 2 grandsons. I also have Cooper, my Peek-a-Poo. I recently re-married and my husband and I are avid bicyclists, we cycle between 50-75 miles a week. We love to kayak and have a standing Skip-Boo card night on Sundays with friends. Currently, we are busy planning our Mediterranean Cruise this Fall with friends and family.

#### The one thing people don't know about me.

I am a horrible skier. I have never even made it out of the Ski Lodge without falling at least once.

#### Most dangerous thing you've ever done.

Zip lining in the mountains of Mexico.





#### Visit the CE Center Online:

https://dna.digitellinc.com/dna/

The Dermatology Nurses' Association (DNA) is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation.

# ATTN Job Seekers Find a Career in dermatology nursing

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Save up to 100 jobs





Get your resume noticed by the people in your field who matter the most. Whether you're looking for a new job or ready to take the next step in your career, the DNA Career Center will help you find the opportunity you've been looking for.

#### AWARDS & SCHOLARSHIPS WINNER

#### BLAKE BRYANT, BSN, RN, DNC DNP-FNP STUDENT, HPASC CHAIR

Tell us a little about yourself in one paragraph. Include where you live and school(s) you attended. I live in the Kansas City metro and am originally from a small town in Kansas. I got my BA in 2012 from Washburn University in Topeka, and my BSN in 2017 from the University of Kansas Medical Center in Kansas City. I am expected to obtain my doctorate in May 2023 from the University of Kansas Medical Center.

#### How will this award/scholarship help you in accomplishing your career goals?

I have wanted to bring the teaching of specialty care to the primary care curriculum of DNPs for a while now. I think lifting up the profession can only occur when we are better prepared and able to demonstrate complex skills. This award will help me finish my doctoral education and focus on the professional development and networking required to start working towards that goal.

#### What are your short-term and long-term career goals?

The aforementioned is my long-term career goals. My short-term goal stems from being in school for 12 years! I am ready to focus just on work. I want to get good in my niche, network as able, and focus on the personal aspects of life that I have been missing. This means I will have more time to volunteer and support organizations like DNA.

#### Where do you see yourself ten years from now?

I joke with my family that I will be finishing law school then. I see myself as an expert in my field of dermatology, growing in my network and skills as a provider, and starting to get into the faculty roles at my local academic medical center.

#### Who is a role model for you and why?

I genuinely believe that everyone has something that makes them great. I try to be inspired, learn about, and foster that in everyone I meet. I cannot say there is one person because I am always growing and aspire to be the best part of everyone I meet.

#### What is your favorite part about being a DNA member?

My favorite part is the shared experience in a specialty practice. I don't get to network much in my local area for various reasons so being able to laugh and share experiences and ideas with everyone is very rewarding and helps me improve myself.

# What have you contributed to our Dermatology Nurses' Association and how do you plan to contribute in the future?

Well, was the chair and co-chair for the former ESC (Environmental Scanning Committee) committee that is now HPASC (Health Policy Advocacy Scanning Committee). This has been a fast way to get up to speed on the operations of the association. Recently, at the conference this year, I joined the board of directors and am excited to see where that goes over the next few years.

#### What is your favorite quote and why?

There is never a "good time" for something that needs a "good time". This is a motivational quote to get things done without overthinking, criticizing, or procrastinating. It works in all walks of life. I told myself this when I applied to NP school, when I applied for the DNA, when I proposed to my fiancé, and when I put in a contract offer on a house 3 hours after I started my search. It has been a freeing statement to go out and get stuff done!



Dermatology Nurses' Association Awards/Scholarships Program

The DNA Awards, Grants and Scholarship Program is designed to acknowledge and recognize our DNA members and volunteers. The Program is divided into three categories:

Recognition Awards, Monetary Grants and Scholarships:

Awards recognize our member volunteers who lead and give back to their community. Grant funds support contributions to the dermatology nursing field and certification. Scholarship funds support those wishing to advance their nursing education.

Criteria for all awards, grants and scholarships include:

All candidates must be a current DNA member for a minimum of 2 consecutive and complete years of membership.

A DNA member may not win the same award two years in a row and may only win one award per year.

All winners will write an article for the Focus Newsletter on what receiving their award has meant to them.

The Awards, Grants and Scholarships application process will be open all year. Deadline for applications to be received and reviewed is October 1 of the year prior to receiving the awards or funds. Applicants for certification grants, convention and mobility scholarships will be informed of the chosen recipient(s) by year's end. Funded grants and scholarships will be given out in the year following application. The volunteer recognition awards will be announced at the annual covention.

#### Hall of Fame Award

Purpose: To identify the "Best of the Best" in the dermatology nursing profession. The recipient(s) will be inducted into the DNA Hall of Fame and will receive a plaque.

Please direct any questions to the DNA National Office via email at dna@dnanurse.org or call 800-454-4362.

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https://www.dnanurse.org/aboutdna/awards-scholarships-program/



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#### NP SPOTLIGHT INTERVIEW

#### VICTORIA GARCIA-ALBEA, DCNP, BC-PNP

#### What is your name?

Victoria Garcia-Albea. Everybody calls me Tori.

#### What setting do you work in?

I work at Lahey Dermatology, which is an outpatient dermatology clinic located a few miles north of Boston.

#### How long have you been a nurse practitioner?

Since 2006.

#### How long have you worked as an NP in dermatology or a dermatology-related discipline?

I did the Lahey Dermatology Nurse Practitioner Training Program (then called Lahey Dermatology NP Fellowship Program) from 2006-2007. I have worked in dermatology ever since.

#### Describe your role as an NP in your practice and the healthcare team.

As the director of the Lahey Dermatology NP Training Program, I oversee all that goes on in the program. I review all the applications and select the final candidates to interview. I create the fellows' schedules, quizzes, and exams the fellows take. I go to meetings with them. I have secured extra funding for the training program through donations, which allows me to provide the fellows with Dermatoscopes and the ability to attend the American Academy of Dermatology annual meeting at least once during their training.

I am also the lead NP for the Lahey Dermatology Hansen's Disease Program, a program that was created by my grandfather, Dr. Samuel Moschella, in 1998. In this clinic, dermatology and infectious disease providers deliver interdisciplinary care for patients with Hansen's disease (also known as leprosy) who live in the greater Boston area. I have given multiple lectures on Hansen's Disease and co-authored a book chapter with my grandfather about the differential diagnosis of leprosy.

I created the Lahey Dermatology Hair Loss Clinic in 2019, which has now expanded to the Lahey Clinic Hair Loss Center For Excellence. It is directed by Dr. Maryanne Senna, and I serve as assistant director. We provide care for patients with severe alopecia, conduct research, and provide interdisciplinary care with dermatology, psychiatry, and nutrition.

#### What kind of procedures do you do daily?

I perform full skin examinations, shave biopsies, punch biopsies, excisions, cryosurgery, treatment of molluscum with Cantharidin, intralesional injections of triamcinolone and Candida, platelet-rich plasma injections, and cosmetic removal of seborrheic keratoses, skin tags, and milia.

#### What is your favorite part of your job as a dermatology NP?

I love being able to provide hope, comfort, and care to patients of all ages with different types of dermatologic conditions. This makes my job exciting and never boring.

I also derive great satisfaction and pride from my role as an educator. I precept 2 NP Fellows multiple times per week, and often precept NP students from local New England colleges and universities. I consider it an honor to share the knowledge I have with future providers. I try to encourage a love for dermatology or at least a respect for it! Many students feel intimidated by the field of dermatology, but after precepting with me, I believe my trainees gain the confidence to diagnose and treat the most common dermatologic conditions.

#### What advice would you give to aspiring dermatology nurse practitioners?

Dermatology is a complex specialty. I encourage aspiring dermatology NPs to apply and attend dermatology training programs like the one we have at Lahey. If you are not able to attend a training program, go to dermatology conferences and join dermatology organizations. Network with other dermatology NPs. Educate yourself and keep trying. The dermatology NP community is welcoming and generous. We love sharing our knowledge. We provide lectures at conferences across the country and many of these conferences offer a virtual option. Find us and reach out! We'd love to hear from you! Good luck!

#### LISA BONSALL, MSN, RN, CRNP DIGITAL DEVELOPMENT EDITOR, JDNA

#### Sending a Topic Query

A topic query is an email to a journal editor describing a topic that you are interested in writing about or a manuscript that you have already prepared. It is a way to inquire if the editor has an interest in publishing that topic in the journal.

#### Why send a topic query?

Sending a topic query can save you and the editor time and effort. While you can see what has already been published in previous issues of the journal, the editor has insight into content that may already be planned or even accepted for future publication. Also, an editor may provide feedback on your topic query to help guide your manuscript to meet the needs of the journal's audience. Remember, that a reply or advice for your topic does not guarantee publication and your manuscript will still need to go through the peer review process.



#### What should be included in a topic query?

Address your email to the correct journal and editor. You can usually find the editor's contact information in the Information for Authors or About this Journal section of a journal website.

Briefly state and explain your topic; include why this topic is important for the readers of this journal.

Explain your qualifications for writing about this topic.

When possible, share your projected timeframe for submission.

Consider this email a professional correspondence. Be sure to include your name, credentials, title, and contact information.

Do you have a topic in mind to share with the readers of JDNA? We welcome your topic queries to Editor-in-Chief, Angela L. Borger, DNP, FNP-BC, DNC at <a href="mailto:alborger@aol.com">alborger@aol.com</a>.

Reference: Saver, C. (2020, March 9). Ask before you write: Crafting the query. American Nurse. <a href="https://www.myamer-icannurse.com/ask-before-you-write-crafting-the-query/">https://www.myamer-icannurse.com/ask-before-you-write-crafting-the-query/</a>





#### What's Coming Up?

In **July**, help spread awareness and encourage the public to take precaution against harmful UV Rays during **UV Safety Awareness Month**.

On July 3rd, celebrate **National** Stay Out of the Sun Day!

#### **Psoriasis Action Month -**

August reminds us that psoriasis affects people of all walks of life, and it impacts the entire body system. Help spread awareness and take action!

August is also **Summer Sun Safety Month** - follow us on social media for helpful tips on Sun Safety!

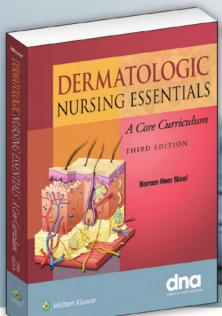
September is National
Pediculosis Month - help
combat head lice and nits
with routine screening and
early detection.

National Eczema Week – Sept. 13-19th - 1 in 10 people in the U.S have eczema.



# **Preparing for certification?**

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Noreen Heer Nicol, PhD

ISBN: 978-1-4511-8878-3

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#### **DNA RESOURCES**

Looking for DNA information online? Here are some helpful links!

Website for the Dermatology Nurses' Association: https://www.dnanurse.org/

Membership - Questions about membership? Look no further: <a href="https://www.dnanurse.org/membership">https://www.dnanurse.org/membership</a>

Career Center - Connecting you to job resources to help elevate your career: <a href="https://www.dnanurse.org/resources/jobs-and-career/">https://www.dnanurse.org/resources/jobs-and-career/</a>

Continuing Education Center - Ready to take your courses online? Find everything you need in the CE Center: <a href="https://dna.digitellinc.com/dna/">https://dna.digitellinc.com/dna/</a>

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