



# Tips for **Outdoor Babyproofing**



Partners in Prevention

## Be Safe, Be SunAWARE!

- **A**void direct and reflected sunlight especially between 10 am and 4 pm.
- **W**rap baby's eyes with sunglasses, cover all skin with appropriate clothing, including a wide brimmed hat, long sleeves, and pants or leggings.
- **A**s a last resort, and after testing on a small patch of skin, apply broad-spectrum SPF30+ sunscreen to areas that cannot be otherwise protected, selecting products that contain zinc oxide or titanium dioxide.
- **R**emember that UV peaks in June and can be suprisingly high on cool Spring days. Always check the UV to plan your baby's day.
- **E**ducate everyone who cares for your infant that they can develop sunburns more easily than older babies and suffer from severe consequences including dehydration, fever, and skin infections.

visit us at  
[MelanomaPrevention.org](http://MelanomaPrevention.org)



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